



HEARING AND HEALING:

TABLE CONVERSATIONS ON



RACISM



Dr. Lynn A. Hampton

Discussion guided by Dr. Lynn A. Hampton, a sociologist teaching in the John V. Roach Honors College at TCU.

Wednesday, September 19 • 6:00pm



SUNDAY WORSHIP

9:00am & 11:00am

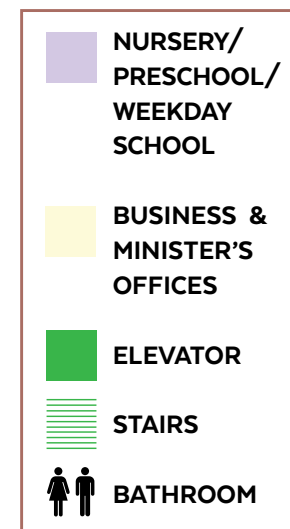
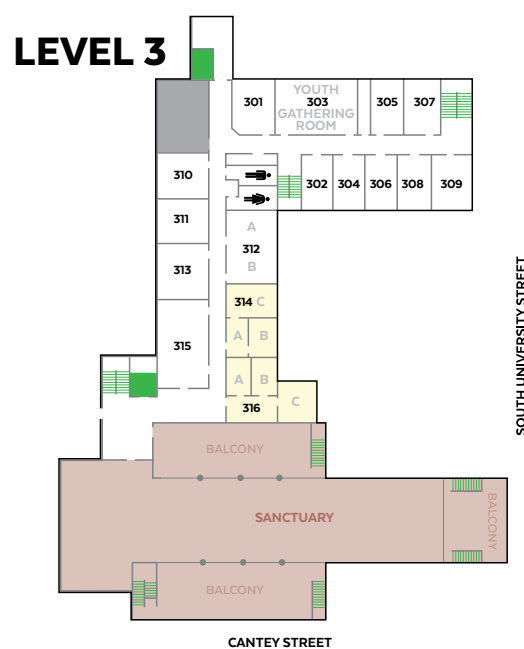
Childcare is available for all worship services.

Open minds, loving hearts





Map of University Christian Church



Words from our Senior Minister

LESSONS FROM A WINLESS CAREER

This is my favorite time of year! An unabashed college football fan, I look forward to Saturdays in the fall like my kids look forward to Christmas. This year, I am filled with hope and optimism for my (our) beloved Horned Frogs who are loaded with talent and depth.

That's not always been the case for the teams that I grew up cheering for. I was a TCU student during the lean years, as some of you may remember them. We were not good. And on probation. It was a rough era football wise.

I came to TCU somewhat prepared for losing. My high school didn't have much of a winning tradition either. In fact, my junior year, with me as the starting quarterback, we were 0-10. We never even had a lead that year. There was one game that was close, and as the clock wound down we were only a couple points behind and marching toward the end zone – that is until I threw an interception that was run back for a touchdown, sealing yet another defeat. I was a terrible quarterback on a horrible team.

A guy named Josh Keefe wrote an article called, "I Was the Worst High School Quarterback Ever." In his career he was 0-23 as the quarterback for a small high school in Maine. His 0-23 record was actually part of a longer streak of 41 consecutive losses endured by his school.

Like my time under center, Keefe acknowledges that all those losses were not all his fault. Losing is a total team effort. Like him, I didn't have a lot of help either. There were times when I would drop back to pass and there seemed to be defensive lineman waiting there to tackle me! Josh says, "I avoided hulking lineman, pump-faking every other step and spinning away from would-be tacklers. I played, essentially, like somebody avoiding the bulls in Pamplona. And more often than not, the bulls ran me down." Sadly, that sounds eerily familiar.

While I can now look back on those days and my winless career and chuckle, I still feel a kind of low-grade, stomach-knotting despair when I think about all those losses. While they don't sting nearly as much as

they once did, remembering them is to remember failure.

Still, I wonder if maybe there is something to be gained from never winning. In his article, Keefe offers this:

Life is a hopeless fight against loss and failure. We are all going to die, as will all of our loved ones. Getting beaten continuously on the football field, sometimes brutally so, illuminates this existential struggle. It teaches you to find joy in what you're doing, and the people you are doing it with, in spite of the inevitable outcome.

As a culture, we try to make every kid feel like a winner. But maybe we should also give every child a task that he or she will fail at again and again, along with teammates to fail with. There are certainly valuable lessons to be learned – like the value of putting up a good fight and never quitting; or that trying and failing to achieve a long-shot dream is better than settling for a passionless life. They might learn how to lose, a valuable skill with no shortages of opportunities to put into practice. Few of us have ever learned how to lose well.

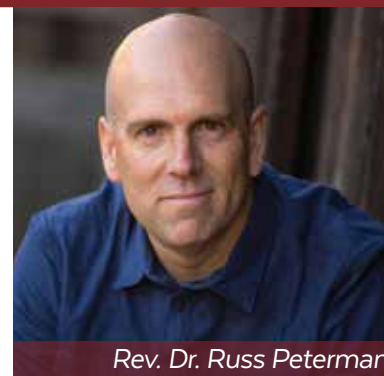
I'd much rather be on the winning side. Victory is much more fun than defeat. But in the end, I think losing teaches us much more about life than winning ever could.

Grace and peace... and Go Frogs!

For you I am thankful,



Rev. Dr. Russ Peterman, Senior Minister



Rev. Dr. Russ Peterman

How to connect and get involved at UCC

UCC is a great place to experience warmth and welcome because of those who are a part of our church. With summer break officially over, it is wonderful to see friendly faces return throughout our hallways. Our hope is each of you feel the same and look forward to building relationships as much as we do.

We are always looking for intentional ways to connect with other church members. Over the past year, dedicated members and staff have been working hard to get the Walker Hall Kitchen up and fully running. The Kitchen will be serving meals this month, beginning with the Women Who Make A Difference Lunch on September 16 and the Seminar—Being A Good Steward of our Personal Resources on September 26. These meals are a perfect opportunity to break bread with one another and get to know your church family while growing in faith. Read more about these upcoming events on the following pages.

And speaking of connecting with your church family, how about a brand new church directory that fits neatly into your smart phone? In coming weeks, UCC will roll out ShelbyNext to the congregation. ShelbyNext is an awesome tool that makes connecting and staying connected with your church family easier. Small focus groups have been assembled and are currently providing feedback—this will us to anticipate and properly prepare to answer questions. Stay tuned, more details to follow in the weeks ahead!

We are continually looking at how we can best provide communication to you. It has come to our attention that there are some that prefer to receive communications electronically, while others prefer them printed and mailed. To ensure UCC is being environmentally responsible, we are asking everyone to **opt-in to continue receiving the UCC Journal by mail at www.universitychristian.org/mail-journal**. If you are happy to read it electronically, do nothing and view it on our website each month. The new mailing list will begin for October's issue.

Open minds, loving hearts



Programs & Events

Welcome to all things UCC!

We have so many programs and events for everyone to enjoy and participate in throughout the month. Below is a color code to help you quickly navigate whether programs are for: all (all ages and genders), men, women, college, youth, children and so on.

We look forward to seeing you all connecting, growing and serving!

- ALL**
- ADULTS 18+**
- MEN**
- WOMEN**
- YOUNG ADULTS**
- COLLEGE**
- YOUTH**
- CHILDREN**

SEPTEMBER'S FEATURED EVENTS & PROGRAMS

The following events and programs are highlights; specific to this month.

UCC OFFICE CLOSED LABOR DAY

September 3 • All Day

In observance of Labor Day, UCC offices and buildings will be closed. Contact: michelle@uccftw.com.

BAG IT NIGHT

**September 5 • 6:00pm
Walker Hall**

Help assemble over 3,600 uniforms into bags for distribution to students in the FWISD. People of all ages are encouraged to help at this inter-generational night off service.

TRINITY BRAZOS AREA HABITAT FOR HUMANITY GOLF FUNDRAISER

**September 10 • 8:00am
Water Chase Golf Club**

Several Disciples of Christ congregations are partnering together with Trinity Habitat for Humanity to build a house for a family in late November. One of the many fundraising efforts is a golf tournament on Monday, September 10. You can support this cause by playing in the tournament, becoming a corporate sponsor, or volunteer to help the day of the event. Cost per player is \$150 or \$600 for a foursome. Register at www.tbaccsw.org/Ministries/habitat-for-humanity-build-2018 Contact: Mike Morton, m_morton@sbcglobal.net

WOMEN WHO MAKE A DIFFERENCE LUNCH

September 16 • 12:15 pm | RM 207



Join us as we celebrate Lindsay Klatzkin, Executive Director of Tarrant

Churches Together and Vice Chair of UCC's Board of Stewards. Lindsay and her husband Kyle are part of the Faithful Families Sunday School Class and participate in several of UCC's ministries. Both of their sons, Sam and Ben, attend the UCC Weekday School. Lindsay will share with us about her work at TCT and her interest in strengthening the already strong relationship between UCC and TCT.

The lunch, prepared by Chef Louise, is \$12. RSVP for lunch and childcare online by September 10.



**September 19 • 6:00pm
Walker Hall**

Dr. Lynn Hampton will guide our discussion as we gather at the Table, in the spirit of welcome and inclusion, to share concerns and listen for God's direction on the subject of racism. Dr. Hampton is a sociologist teaching in the John V. Roach Honors College at Texas Christian University. Dr. Hampton's passion for teaching is motivated by her desire to provide transformative classroom experiences that foster critical engagement and encourages students to engage in courageous conversations about race and racism.

A boxed supper will be provided and communion will be served. RSVP online by September 12 to reserve your meal and/or childcare.

SEMINAR—BEING A GOOD STEWARD OF OUR PERSONAL RESOURCES

September 26 • 6:30pm-8:30pm



**Walker Hall
Please RSVP**

Doing just one thing differently can help improve your financial

life. Find out how! Lindsey Humbert of Thrivent Financial, a Christian Education Service Provider, will lead a seminar on how we can (1) be wise with money so that we live lives of contentment, confidence and generosity, and (2) align our financial decisions with our values. Childcare and a meal will be provided at \$8.00 per plate, RSVP online.

FLU SHOTS

September 30 • 10:00am-12:30pm | Walker Hall

In partnership with Texas Health Resources, UCC's Faith Community Nurses will provide free flu shots to adults on Sunday, September 30. We give thanks for UCC's Faith Community Nurses (formerly Parish Nurses) and their 20 years of faithful service in promoting good health and quality of life.





CONNECT

Meaningful fellowship, learning and spiritual development opportunities are available for all seasons of life at UCC. We offer an array of ways for you to grow and connect: Bible studies, book clubs, retreats, workshops and small groups.

FAITHFULLY FIT FOREVER

Mondays • 4:00pm | RM 205

Wednesdays & Fridays

11:00am | RM 205

Join us for a light aerobic exercise program and a faithful reminder of God's loving presence in our lives. All ages welcome.

Contact: mgroom@uccftw.com

YOGA WITH JULIE VITEK

Mondays • 12:30pm | RM 205

Thursdays • 10:30am | RM 205

Julie Vitek teaches yoga every Monday and Thursday! All are welcome. \$8 per class if you come once a week, \$10 per week if you come twice a week. Bring a mat if possible.

Contact: mgroom@uccftw.com

COLLEGE FIRST SUNDAY LUNCH

September 2 • 12:15pm

A free lunch for college students the first Sunday of each month. Gather in the Gallery following 11:00am worship before heading off site for lunch.

Contact: jessica@uccftw.com

LATTE WITH THE LADIES

September 9 • 9:00am-11:00am

Ampersand on Bledsoe St

Join women of all ages for fellowship over morning coffee. We meet at local coffee bistros each month on the second Saturday.

Contact: mgroom@uccftw.com

ALZHEIMER'S CAREGIVER SUPPORT GROUP

September 13 • 3:30pm | RM 201

A support group for caregivers of those suffering from Alzheimer's disease and other dementias. This group meets the second Thursday of the month.

Contact: pam@uccftw.com.

MEN'S THIRD THURSDAY LUNCH

September 20 • Noon

Café Bella

Join men of all ages for lunch and fellowship on the third Thursday of every month at Cafe Bella.

Contact: robin.doyle@uccftw.com

GROW

UCC offers Bible studies, classes, special speakers, small groups and more as, opportunities for you to continue your spiritual journey. Learn more about discipleship and grow your relationship with God.

WEDNESDAY BIBLE STUDY

Wednesdays • 10:00am | RM 203

A weekly Bible study led by Rev. Shannon Moore. We are currently studying the teachings of Jesus found in the gospel of Matthew. All are welcome to join this study at any time. Contact: shannon.moore@uccftw.com.

FIRST THURSDAY FELLOWSHIP

September 6 • 11:00am | RM 150

A monthly lunch-and-learn series with a variety of guest speakers. Following the presentation everyone is invited to stay for a potluck lunch. Rev. Jessica Vacketta will be speaking about her recent trip to the Holy Land. RSVP to Rachel by Tuesday, September 4.

WILD WOMEN BOOK CLUB

September 17

6:00pm | Cat City Grill

September 18

11:30am | RM 150

This fall the WiLD Women Book Club is both Growing Young and growing in our awareness of people and situations different from our own. We will read Young Adult literature to open our eyes to new understanding as we listen to a younger voice. Youth are encouraged to join in the monthly book discussions. Our September book is *Brown Girl Dreaming* by Jacqueline Woodson.

The WiLD Women Book Club meets the third week of each month September through May (excluding December) to discuss a book, enjoy time together around the table and support the work of Heifer's WiLD program, Women in Livestock Development. There are two times to join us, Monday evenings at 6:00pm and Tuesday at noon. Be on the lookout for a new time that will be more convenient for youth to join us!





Programs & Events



SERVE

Part of discipleship is responding to the needs of others. From around the world and within our local community, we are being called to serve. We offer mission pilgrimages and many outreach programs to fulfill this calling.

ACOLYTES

Sundays in September

Grades 4-6

Calling all fourth-sixth graders! Have you thought about being an acolyte? Acolytes bring the Light of Christ into the sanctuary to help prepare us for worship. Contact: shannon.moore@uccftw.com



CHILDREN'S CHOIR

Sundays • 12:00pm | RM 211

Regular rehearsals including lunch for the Children's Choir in Room 211 will resume on September 9. As we enter the fall, it is the perfect time for new members to join. Contact: Mary Farmer, maryelizabethfarmer@yahoo.com

YOUTH HANDBELL CHOIR

Sundays • 5:00pm | RM 205, RM 229 & Sanctuary

Regular rehearsals of the Youth Handbell Choir in Room 205 will resume on September 9. Contact: todd.prickett@uccftw.com

PRAYER SHAWL MINISTRY

Sundays • 5:00pm | RM 206

Prayer shawl ministry welcomes all to gather to knit shawls—given in gratitude, to those undertaking a new journey in life, and to those facing surgery or loss. Contact: mgroom@uccftw.com



COLLEGE LUNCH BUNCH VOLUNTEERS

Wednesdays • 12:00pm College Lounge

If you would like to help provide food for our weekly college lunch, please sign up online under open registrations. If you are interested in serving as a monthly host (set out drinks, plates, welcome students, help with food set-up, etc.) Contact: jessica@uccftw.com

NEEDLERS

Thursdays in September 9:00am | RM 312

The Needlers gather to crochet, knit and do needlework. Contact: mgroom@uccftw.com

AD DEUM HANDBELL CHOIR

Thursdays • 6:00pm | RM 229

Regular weekly rehearsals for the adult bell choir. Contact: todd.prickett@uccftw.com

UCC CHANCEL CHOIR

Thursdays • 7:00pm | RM 147

Regular rehearsals of the Chancel Choir in Shirey Hall. Contact: todd.prickett@uccftw.com

TCU FOOTBALL YOUTH PARKING FUNDRAISER*

September 1 • 11:00am

September 29 • TBD

Football Season is here again, and youth and their parents have the opportunity to raise money by parking cars in the church lots for TCU football games. Funds raised benefit youth and youth handbell programs. Volunteers earn \$50.00/hour credit to use toward the cost of camps, retreats and service-learning trips.

*Youth, grades 6-12, and adults are welcome to volunteer.

Contact: jamie.plunkett@uccftw.com

PRAYER BEADS

September 8 • 10:00am | RM 204

Prayer bead ministry meets the first Saturday of the month (except September and December). No experience needed—beginning beader skill taught and equipment provided. Prayer beads are made for UCC and THR Harris Hospital for people in crisis situations. Contact: pam@uccftw.com

NOTE WRITERS

September 13 • 10:00am | Arches

The Note Writers gather the second Thursday of each month to send notes of encouragement, congratulations or condolences. Contact: mgroom@uccftw.com

GOVERNANCE, COMMITTEE & LEADERSHIP

PERSONNEL COMMITTEE

September 4 • 5:30pm | RM 202

The committee regulates policies relating to our employees regarding staff hiring, salaries, employee contracts, benefits, leave, and other administrative matters. Contact: vanessa.taber@uccftw.com

BUILDING AND GROUNDS COMMITTEE

September 9 • 12:15pm | RM 226

The committee addresses maintenance and improvement of UCC buildings and surrounding grounds. Contact: renee.hoke@uccftw.com

CHURCH AND THE ARTS MEETING

September 10 • 6:30pm | RM 150

A monthly meeting to discuss outings, the Gallery and other arts topics relating to the church. Contact: janet.pummill@uccftw.com

FINANCE COMMITTEE

September 11 • 5:30pm | RM 202

This monthly meeting is to review financial reports and discern all matters of financial impact to UCC. Open to all. Contact: michelle@uccftw.com

WORSHIP LIFE COMMITTEE MEETING

September 12 • 5:30pm | RM 150

Monthly meeting to focus on ways to grow, support, and enhance how we worship as a congregation and community.

CHILDREN'S TEAM MEETING

**September 16 • 9:00am
Third Floor Kitchen**

Team members meet to plan and discuss children's programming. Contact: kera@uccftw.com

SUNDAY SCHOOL CLASS LEADERS MEETING

**September 11 • 6:30pm | RM 207
September 16 • 12:15pm | RM 203**

Class Leaders meet periodically to share ideas and discuss ways to support our Sunday School ministry. This time we have two opportunities to gather. Choose the one that works best for you!

BOARD OF STEWARDS

September 18 • 6:30pm | RM 150

The Board of Stewards has the general responsibility to govern and manage the business and affairs of the Congregation. Contact: vanessa.taber@uccftw.com

ELDERS MEETING

September 25 • 7:00pm | RM 207

A monthly meeting to discuss the spiritual needs of the church.

MISSION PILGRIMAGE COMMITTEE

September 26 • 6:00pm | RM 226

This committee meets the fourth Wednesday each month to discuss current and upcoming mission pilgrimage opportunities.



UCC MINISTRIES

ADULT MINISTRY

We offer many ways for you to grow in your faith and connect with God and others through fellowship, spiritual development, Bible studies, book groups, retreats, workshops and small groups.

Minister: Rev. Shannon Moore

Leader: Sue Gover

CHILDREN'S MINISTRY

We provide a safe, welcoming and engaging place for our children to discover and experience God.

Minister: Rev. Kera Watts

Leader: Ali Briseno

CHURCH AND THE ARTS MINISTRY

Church and the Arts enhances the understanding, shaping, and expression of our faith through the arts. We sponsor various cultural activities throughout the year.

Staff: Janet Pummill

Leader: Lisa Wan

COLLEGE MINISTRY

Our hope is to cultivate life-giving community for students through worship, fellowship, and service.

Minister: Rev. Jessica Vacketta

Leader: Mark Tentinger

MEN'S MINISTRY

The men of UCC are busy serving the needs of others and sharing in opportunities for fellowship and fun together. All are welcome!

Minister: Rev. Cyndy Twedell

Leader: John Andrus

MUSIC MINISTRY

Music enriches our worship experience and helps us understand our relationships with God and each other. All of our music ensembles are open to anyone who would like to participate.

Minister: Rev. Dr. Todd Prickett

Leader: Bill Shelton

OUTREACH MINISTRY

Called to demonstrate the love of God, we work within and beyond our community to build caring partnerships and foster mutual ministries as we open our hearts in service to others.

Minister: Rev. Jessica Vacketta

Leader: Kim McAdams Baker

CONGREGATIONAL CARE MINISTRY

We're a large church with a BIG heart. Care is provided in personal and compassionate ways through visits to hospitals and to the homebound, meals to new parents, prayer groups and countless interactions that help us sense God's loving presence and provision. Contact: 817-926-6631, pastoralcare@uccftw.com or use the Pastoral Care Request link on our website.

Minister: Rev. Cyndy Twedell

Leader: Sandra Soria

WOMEN'S MINISTRY

Women of UCC share together in fun, fellowship, spiritual growth and opportunities to advocate for women in our community and around the world. All are welcome to join us!

Minister: Rev. Cyndy Twedell

Leader: Debbie Powell

WORSHIP LIFE MINISTRY

We focus on ways to grow, support, and enhance how we worship as a congregation and community.

Minister: Rev. Shannon Moore

Leader: Art Busbey

YOUTH MINISTRY

For our youth, we focus on fun, fellowship, games, worship, opportunities to serve, spiritual growth and so much more.

Minister: Rev. Jamie Plunkett

Leader: Julie O'Neil

2720 South University Drive
Fort Worth, Texas 76109-1150
817-926-6631



SAVE THE DATE!

SILENT MOVIE NIGHT
SPEEDY, A HAROLD LLOYD COMEDY
October 7

Refreshments at 6:30pm | Room 207

Film begins at 7:00pm | Sanctuary

The UCC Bell Tower Series is pleased to bring Tom Helms, silent movie organist, back by popular demand. Tom will bring the film to life with exciting and humorous original music from the UCC Dan Garland pipe organ. Trained in organ at TCU and the University of Alabama, Tom also did extensive study with silent film organists to capture the style and precision of this demanding art form.

Mark your calendars for this Columbus Day weekend treat—popcorn and laughs for all ages!



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A Disciples of Christ Congregation

